



AASHAYEIN

ROTARY CLUB OF MUMBAI SHER- E- PUNJAB

WEEKLY NEWSLETTER

VOLUME 1.
1ST WEEK OF JULY

INTRODUCTION

Introducing Aashayein – A Beacon of Hope and Action

Presented by the Rotary Club of Mumbai Sher-E-Punjab

Dear Rotarians and Friends,

It brings us great joy to introduce **Aashayein**, our new weekly newsletter that captures the spirit of hope, service, and fellowship. As its name suggests, **Aashayein** (meaning “Hope”) reflects the positive change we bring to our communities—through every initiative, every thoughtful gesture, and every shared dream.

What makes **Aashayein** special is that it will also lead into our monthly newsletter, **AASHA** offering a seamless transition from weekly updates to broader reflections at the end of each month.

Each weekly edition will bring you:

- ✨ A message from our President – sharing insights, aspirations, and gratitude
- 📝 A glimpse into our ongoing and completed community service projects
- 🍲 A delightful Culinary Corner – where members share their favorite recipes, because food brings people together!
- 🎡 The Happy Wheel - Fun Corner

Let **Aashayein** be your go-to source of inspiration, connection, and celebration of Rotary values. Let's continue making every week count—and every act of service shine.

In Rotary Service,

Team **Aashayein**

Rotary Club of Mumbai Sher-E-Punjab

AASHAYEIN

1st week of July

PRESIDENT SPEAKS

My dear Rotarians and Friends,

As I step into this remarkable journey as the Inspired President of the Rotary Club of Mumbai Sher-E-Punjab, my heart is filled with deep gratitude and humility. I am truly honoured to be entrusted with this role, and I sincerely thank each one of you for your unwavering faith, support, and love.

A new Rotary year lies ahead—brimming with opportunities to serve, grow, and make a meaningful difference. With compassion as our compass and service as our mission, I am excited about the impactful projects we will undertake together—projects that will touch lives, uplift communities, and bring about lasting change.

This year, we are proud to introduce **Aashayein**, our weekly magazine. Each edition will bring you weekly updates on events and initiatives completed in the week. Through this vibrant platform, we aim to keep you inspired, informed, and involved in all the wonderful work our club is doing.

Let's celebrate the meaningful impact of our weekly service projects, rediscover the joy of fellowship, and spotlight the hidden culinary talents that make our Rotary family so special.

Aashayein is not just a newsletter—it is a reflection of who we are and what we stand for.

Each project, each recipe, The Happy Wheel, Wheels of Wishes and every initiative featured here is a thread in the beautiful fabric of our collective journey.

So keep reading, keep sharing, and let **Aashayein** be your Sunday morning dose of joy, pride, and purpose.

Here's to growing stronger—together, in service and in spirit.

**Warmly,
In Rotary Service,**

Rtn. Minishaa I Oberoi
President, Rotary Club of Mumbai Sher-E-Punjab



District Governor: Rtn. Manish Motwani

Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia

UNITE
FOR
GOOD

Rotary
District 3141



LET'S
INSPIRE

AASHAYEIN

1st week of July

BLESSINGS FOR THE INSPIRED ROTARY YEAR 25-26

GURUDWARA

The Rotary Club of Mumbai Sher-E-Punjab humbly seeks the Almighty's guidance and blessings at the sacred Guru Nanak Darbar Gurudwara, Sher-E-Punjab



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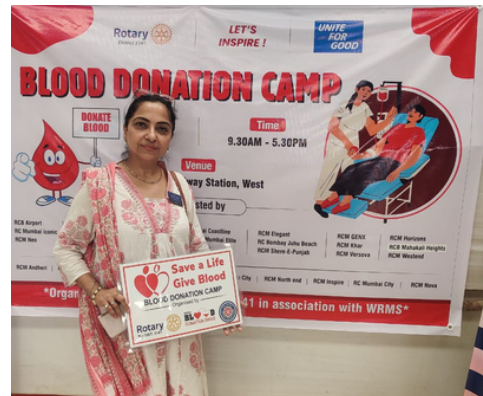
AASHAYEIN

1st week of July

AREA OF FOCUS : DISEASE PREVENTION & TREATMENT

JEEVANDHARA - BLOOD DONATION

Rotary Club of Mumbai Sher-E-Punjab proudly co-sponsored JEEVANDHARA – the district's mega blood donation drive at Andheri Metro Station on 1st July 2025. A total of 104 bottles of blood were collected, making a meaningful impact through service and solidarity. 🩸❤️



DATE: 1ST JULY 2025

FOCUS AREA: DISEASE PREVENTION & TREATMENT

PLACE: ANDHERI EAST METRO RAILWAY STATION

BENEFICIARIES: 104 (BOTTLES COLLECTED)

AMOUNT SPENT: RS. 5000/-

RCMSEP MEMBERS PRESENT: 7

CLUB CO-HOST WITH DISTRICT



AASHAYEIN

1st week of July

AREA OF FOCUS : RAW { COMMUNITY SERVICE }

DONATION OF DOG SHELTERS

Monsoon Relief for Strays – An Initiative by RCMSEP

Monsoons pose serious risks to stray animals often leading to illness, infections, and hypothermia. Under its flagship initiative Rotary for Animal Welfare (RAW), RCMSEP took action by designing and donating Dog Shelter Homes. The first set was handed over to Mr. Hitendra Mota,



DATE: 1ST JULY 2025

RI THEME: DISEASE PREVENTION & TREATMENT

LOCATION: JVLR, JOGESHWARI (EAST)

BENEFICIARIES: 6 DOGS / CATS (2-3 ANIMALS PER SHELTER)

AMOUNT SPENT: 2100/-

RCMSEP MEMBERS PRESENT: 7

PROJECT LEAD: ARUN BHOOCHER, MINISHAA OBEROI



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1st week of July

AREA OF FOCUS : BAGHBAAN { SENIOR CITIZEN }

PROJECT- ANANDOTSAV

The Rotary Club of Mumbai Sher-E-Punjab took 48 senior citizens from Dignity Foundation and another 35 from a local society to Anandotsav—a soulful, musical evening by Tuning Folks, a group of doctor-musicians who performed. The event was filled with music, joy, and heartwarming memories.



DATE: 1ST JULY 2025

RI THEME: BAGHBAAN

BENEFICIARIES: 83

LOCATION: BAL GANDHARVA RANGMANDIR
AUDITORIUM, BANDRA

AMOUNT SPENT: RS. 10000

RCMSEP MEMBERS PRESENT: 8

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1st week of july

AREA OF FOCUS : RAW { COMMUNITY SERVICE }

DONATION OF DOG SHELTER

Continuing its mission under the Rotary for Animal Welfare (RAW) initiative, the Rotary Club of Mumbai Sher-E-Punjab donated 7 Dog Shelters during this challenging monsoon season. These shelters are crafted by member Rtn. Arun Bhoocher.

ROTARY CLUB OF MUMBAI
SHER-E-PUNJAB

Initiates
distribution of dog shelters
under it's project



RAW-
(Rotary for Animal Welfare)

A heartfelt initiative to donate free
sheds for the voiceless.

Join us as we spread warmth, love,
and shelter

Distribution Date: 3rd July 2025

Venue :

to know more call Rtn. Minishaa
9322226475 Rtn. Arun



DATE: 2ND JULY 2025

RI THEME: DISEASE PREVENTION & TREATMENT

LOCATION: PANVEL

BENEFICIARIES: 21 DOGS / CATS (2-3 ANIMALS PER SHELTER HOME)

RCMSEP MEMBERS PRESENT: 9

AMOUNT SPENT: 8700/-

PROJECT LEAD: ARUN BHOOSHER, MINISHAA I OBEROI



District Governor: Rtn. Manish Motwani

Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi

Club Secretary: Rtn. Jotinder S Ahluwalia

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1st week of July

WHEELS IN MOTION

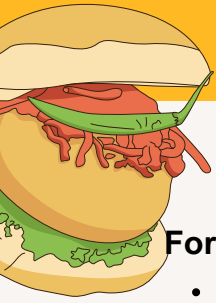
FIRST CLUB BOD, MEETING & ASSEMBLY

The Rotary Club of Mumbai Sher-E-Punjab held its 1st Board of Directors Meeting, Club Meeting and Assembly on 3rd July 2025 at Sher-E-Punjab Gymkhana. The event saw a warm and enthusiastic turnout with 27 members and 2 guests present. AG Rtn. Mary Francis graced the occasion and the evening was highlighted by an impactful talk by **Guest Speaker Brigadier Ajit Srivastav (Retd.)**, who shared compelling insights on the reality of Operation Vijay (Kargil War). The evening concluded with dinner and heartfelt fellowship, setting a strong tone for the year ahead,



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Club Secretary: Rtn. Jotinder S Ahluwalia

Flavours of Fellowship***Vada Pav with Vinegar Dip*****For the Vada:**

- 500 gms potatoes (boiled, peeled & cooled)
- 7–8 cloves garlic
- 1-inch piece of ginger (peeled)
- 4 green chillies
- Salt to taste
- Lots of fresh green coriander (chopped)
- ½ tsp oil
- ¼ tsp mustard seeds
- A pinch of turmeric

For the Batter:

- 300 gms gram flour (besan)
- Salt to taste
- Water (to make a thick batter)

For Deep Frying:

- Oil as needed

For the Sweet-Vinegar Dip:

- 4 tbsp vinegar
- 5 tsp sugar
- A pinch of salt
- Finely chopped green chillies
- Fresh coriander (chopped)

**Method:****1. Prepare the Potato Filling:**

Mash the cooled boiled potatoes. Coarsely crush garlic, ginger, and green chillies together.

Mix the mashed potatoes with the crushed masala, salt, and chopped coriander.

In a small pan, heat ½ tsp oil. Add mustard seeds; once they splutter, add a pinch of turmeric. Pour this tadka into the potato mix and combine well. Shape the mixture into small round balls. Set aside.

2. Make the Batter:

In a bowl, mix gram flour with salt. Gradually add water to form a slightly thick batter (it should coat the balls).

3. Fry the Balls:

Heat oil in a deep pan for frying. Dip each potato ball into the batter and deep fry until light golden brown. Remove and place on absorbent paper.

4. Prepare the Vinegar Dip:

In a bowl, mix vinegar, sugar, and a pinch of salt until sugar dissolves completely.

Add chopped green chillies and fresh coriander. Mix well.

Serve Hot:

Enjoy the hot, crispy potato balls with the tangy, sweet-and-spicy vinegar dip!



Vada Pav with Vinegar Dip



*Recipe by :
Rtn. Arun Bhoocher*

Vada Pav is not just food, it's an emotion for every Mumbaikar — quick, spicy, and soul-satisfying!

Fun Fact: Vada Pav was first created in 1966 near Dadar Station as an affordable snack for Mumbai's bustling workers! 🤖🍷

Get your recipe Featured in Next Aashyein Weekly Magazine!

Contact Rtn. Seema Bhoocher



The Happy Wheel - Fun Corner

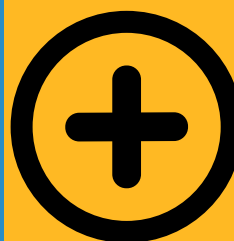
SOLVE THESE PUZZLES

INSIDE

BLACK

MEN

WALKING



Answers: Upside Down

Black Hole

Men In Black

Walking On Thin Ice

Block

Positive Thinking



Guess the Movie!

Tareekh pe tareekh

Mogambo Khush Hua

Baburao ka Style Hai

Itna Sannata kyu hai Bhai

Pyaar Dosti Hai

Answers:
Damini, Mr. India, Hera
Pheri, Sholay & Kuch kuch
hota hai

AASHAYEIN

Wheels of Wishes

1st week of July

HAPPY BIRTHDAY



UNITE FOR GOOD LETS INSPIRE Rotary District 3141

2nd July 2025


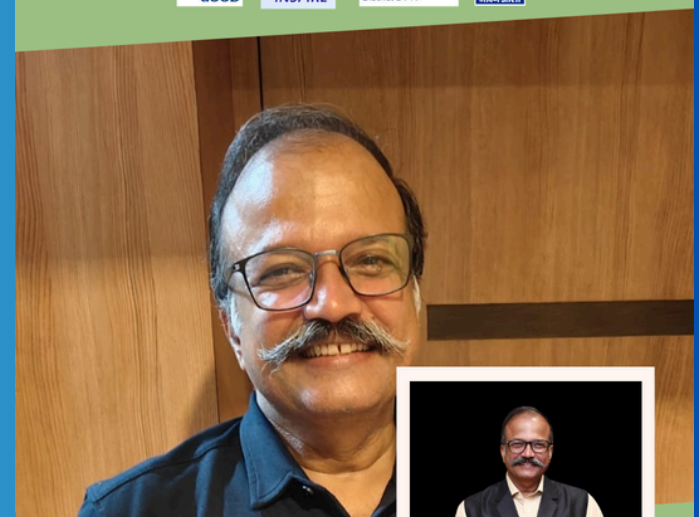
Have a Happy Birthday!

RTN. BALWINDER SINGH OBEROI

May all of your birthday wishes come true! We love you!

From the Rotary Club of Mumbai Sher-E-Punjab family

Happy Birthday Balvinder Singh 2nd July



UNITE FOR GOOD LETS INSPIRE Rotary District 3141

4th July 2025

Have a Happy Birthday!

RTN. DR. GOPINATH MENON

May all of your birthday wishes come true! We love you!

From the Rotary Club of Mumbai Sher-E-Punjab family

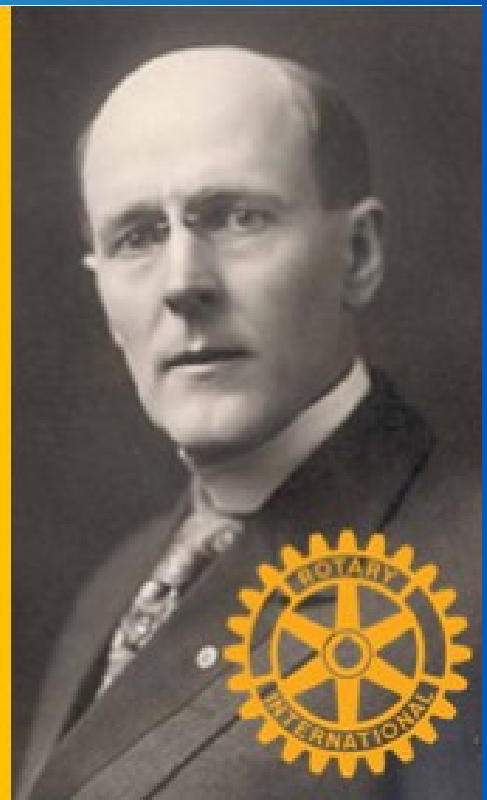
Happy Birthday Dr Gopinath Menon 4th July

1st week of july

Quote of the Week

*Rotary changes us
and those we serve.
I believe we can change the
world one life at a time.*

Paul Harris



Thank you for being a Rotarian